



NEED HELP? DIAL 2-1-1

Listed below is a small sample of services available in Olmsted County.
For a complete list of services available in your area please call 2-1-1 or visit www.uwolmsted.org/211.



Food Assistance



Mental Health Services



Housing Assistance & Shelters



Substance Abuse Help



Employment Help



Childcare / Youth & Family Services



Heating & Utility Help



Where to Get Medical Help



Abuse Prevention



Earned Income Tax Credit (EITC)



Elder Care



Disaster Services

Some cell phone customers may need to use

1-800-543-7709

Free. Confidential. Multilingual. 24/7/365